



THINK Green

Green Council Newsletter | April 2024 | www.GuelphFHT.com/guelph-fht-green-healthcare

UPCOMING Spotlight Event

Film Screening and Panel Discussion

**The Guelph Family Health Team proudly supports
Climate Actions in our community.**

Connect with your community at The Bookshelf Cinema on Saturday, April 6th, 2024, at 1:30 pm for an event that inspires hope and actions to reverse climate change. Stick around for a Panel Discussion to explore ways to implement the best solutions already available to us today.

Don't miss out on this empowering experience!

FREE. Cash donation accepted at the event.



2040

"A compelling vision...
let yourself be inspired."
CHRISTIANA FIGURES, LEAD NEGOTIATOR
PARIS CLIMATE AGREEMENT

Film Screening and Panel Discussion
Climate Solutions to Act On | Saturday, April 6 · 1:30 pm
The Bookshelf Cinema

For more information email: GuelphClimateActionNetwork@gmail.com



Have a green initiative to share?

Call for photo submissions!

Any green work to help combat climate change is worth celebrating! We'd love to share your own green initiatives on social media to help engage the community to do their part too. Maybe you've switched to a rechargeable battery-powered lawnmower this summer or added in more plant rich foods to your weekly meals.

**Email a photo and 1-2 sentences about your
green initiative to:**
greenhealthcare@guelphfht.com

What is the Guelph FHT doing?

The Family Health Team is considering our impact on the environment this spring and will be participating in planting trees! Do you want to join us? Email greenhealthcare@guelphfht.com for more info!

Green Committee Spotlight

Westminster Woods Medical Centre



**Congratulations to
Westminster Woods
Medical Centre** for
coming together to
make a large donation
to the Bench
community members!
Way to go!



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Choosing Wisely

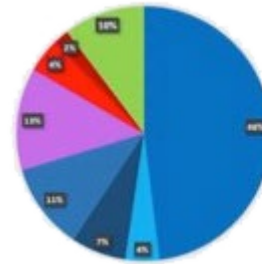


Choosing Wisely is research-based guidance for family doctors and nurse practitioners, along with their patients, aimed at reducing unnecessary testing, medications and treatment. It's about Sustainable Health Care, both financially and ENVIRONMENTALLY! Your Guelph FHT Green Council brings you the following information from the College of Family Physicians of Canada

Primary care has an opportunity to reduce its impact on climate change!

The 2022 Report *Overuse of Tests and Treatments in Canada* examines the overuse of 12 selected tests and treatments across Canada. Over a five-year period, the overuse of 8 out of the 12 tests and treatments decreased by 10% or more. This represents a reduction of about 826,000 tests, treatments, and procedures that would not have benefited patients including:

- 698,000 fewer unnecessary prescriptions and other treatments
- 115,000 fewer low-value X-rays, CT scans, MRIs, and preoperative tests
- 13,000 fewer unnecessary surgical procedures



Categories	Contribution
Supply Chain	
Pharmaceuticals	48%
Medical Equipment	4%
Non-Medical Equipment	7%
Other Procurement	11%
Medications (Delivery of Care)	
MDI Usage	13%
Delivery of Care	
Building Energy	4%
Water & Waste	2%
Travel	
Business & Personal Travel	10%

Additional Green Initiatives

Earth Day Event. - Saturday, April 20 - Noon- 1pm Guelph City Hall - Celebration of "Earth and the Arts"???. We're aiming to pull together an interesting lineup from both the arts and the activist community.

Community Climate Forum - Saturday, May 4 - 1-4

Part 1 - Guelph past/present/future - Community Energy Initiative - 2021. Nationally recognized as a fine example of a municipal climate plan. Now used in other municipalities, but not here? What happened? What are other cities doing? Where do we need to go from here?

Part 2 - Table Groups - Red Line / Green Line activity - Red: What do we need to stop doing or at least reduce?

Green: What do we need to start doing/keep on doing.

Part 3 - Snack, time to build relationships and visit various community tables.

Why is this work important? Climate change is now the greatest threat to public health in Canada. As a result, we are experiencing: more hospital and office visits due to increased heat related health effects including effects on mental health; worsening air quality with more allergies, lung disease and increased cancer risk; more climate disasters including wildfires, floods and extreme unpredictable weather patterns which are contributing to housing stress and negative effects on the economy.

Healthcare is a major source of carbon emissions, contributing to climate change. The good news is there is action we can all take to do our part to reduce our carbon emissions.

Want to learn more? guelphfht.com/guelph-fht-green-healthcare/

How can you get involved? If you or your clinic are interested in or have already started work in the core green initiatives and would like to contribute to the collective effort of Guelph FHT, email: greenhealthcare@guelphfht.com

- The Best Care for Everyone -



How Is Your Clinic Going Green?

Do you have an update to your Guelph FHT Clinic involvement? Let us know if you're Active or Interested?

A – for Active

I – for Interest



Clinic	Mask Recycling	A I	Battery Reuse	A I	Exam Table Paper	A I	MDIs Alternatives	A I	Virtual Care	A I	Clinic Green Committee	A I
Arbour Family Medical Centre Inc.	Interest		Active						Active			
Guelph FHT Head Office	Active		Active		N/A		N/A		N/A		Active	
Primary Care at Home	Active								Active			
Dawson Road Family Medical Clinic	Active		Active		Active				Active		Active	
Downey Family Medical Centre	Interest		Active		Active		Active		Active			
Gordon Street Family Medical	Interest		Active		Active				Active			
Chancellors Way Medical Arts - 202									Active			
Norfolk Medical Centre 305	Interest		Active		Active		Active		Active		Active	
Acorn to Oak Scottsdale 302	Active		Active		Active				Active		Active	
Morrison Medical Centre	Interest		Active		Active		Active		Active			
Hope Health Centre	Active		Active		Active		Active		Active		Active	
Westmount 306	Interest		Active		Active		Active		Active			
Westminster Woods Medical Centre			Active		Active		Active		Active		Active	
Wyndham	Active				Active							

Join the Guelph FHT Green Initiative Today!

For more information email michelle.smith@guelphfht.com



The Best Care for Everyone

Guelph FHT Green Council

Climate Change is a health issue.