



Compass
Community Services

Need Same Day Mental Health Support?

call 519 824-2431 ext. 12

or

email intake@compasscs.org

for an appointment

Mount Forrest Same Day Quick Access – Monday

Telephone/Video session available

9:00am to 3:30pm

Contact Intake starting at 9:00am each Monday

Guelph Same Day Quick Access – Wednesday

In-person *and* Telephone/Video sessions available

1pm to 7:30pm

20 Shelldale Crescent, Guelph or contact Intake starting at 1pm each Wednesday

Fergus Same Day Quick Access – Thursday

In-person *and* Telephone/Video sessions available

1pm to 7pm

900 Tower Street South, Fergus (Skyline Community Hub) or contact Intake starting at 1pm each Thursday

20 Shelldale Crescent, Guelph, ON N1H 1C8
519-824-2431 • 1-800-307-7078

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