

If you use substances and are thinking about making changes, here are services that can help you!

Treatment and Counselling Services:

Community Withdrawal Support Services:

www.stonehengetc.com • 844 722-2977

Rapid Access Addiction Services (RAAC):

www.raacww.ca • 844 722-2977

Community Addiction Services (CADS):

www.homewoodhealth.com • 519- 836-5733

Stonehedge Therapeutic Community:

www.stonehengetc.com • 844 722-2977

Your Family Physician

Self-Help Services:

NA: www.orscna.org

(888) 811-3887

AA: www.centralwest2district3aa.org

519-836-1522

Peer Support and Self Help:

www.cmhawwselfhelp.ca

519 763-4014

Celebrate Recovery:

www.lakesidechurch.ca

519-836-8141 ext. 225

**If you are in crisis & need immediate support, or have any other questions,
call Here 24/7, 1 844 437 3247**